

# NEWSLETTER

YOUTH VOICE

ISSUE NO 2 | NOV-DEC 2022



## "Impacts of COVID on Youth"

Would you like to be trained in running a research project, develop job skills for your resume, engage with the local community, develop leadership skills and work in a team of other young people? We are looking for 8-10 enthusiastic individuals to design a research project. You will learn how to do research, write reports and communicate the findings.

Following up on the previous study, this project will work towards studying the impacts of COVID on youth as reported by youth.

Participants will receive a gift card for each session they participate with travel costs reimbursed.

### Eligibility

- No experience needed
- Aged 15 – 25 years
- From Latrobe City
- Good interpersonal skills and friendly manner
- Ability to work in a team environment
- Organisational skills
- Enthusiasm

For more information or an application form, please email [lisaprice@bblllen.org.au](mailto:lisaprice@bblllen.org.au).



### REQUIREMENTS

- Provide evidence of enrolment in (or acceptance of an offer of) full-time tertiary study
- Demonstrate that they have lived in Gippsland for three (3) or more years at the time of their application
- Demonstrate that they are in financial need to undertake their tertiary education



### MUGSU Scholarships NOW OPEN

The former Monash University Gippsland Student Union (MUGSU) established a Trust to advance education for students living in the Gippsland region to assist with their transition to tertiary education. The MUGSU Legacy Scholarships of \$7,000 per year for 3 years will be awarded to recent school leavers from the Gippsland community to help them complete their tertiary studies.

### Newton Trust Scholarships NOW OPEN

Robert Newton, a former member of the Gippsland community, bequeathed to his community a trust to provide student scholarships. The Newton Education Trust Scholarship will, each year, award scholarships to recent school leavers from the post codes of 3851, 3859, 3860 and 3862 to complete their tertiary education at an institution in Victoria.

For more information go to:

<https://www.latrobeyouthspace.org.au/scholarships>



### THE NEWTON EDUCATION TRUST SCHOLARSHIP



The Newton Education Trust Scholarship will, each year, award scholarships to recent school leavers from Gippsland. The scholarships are three-year scholarships valued at \$7,000 per year per successful applicant.

State Trustees Australia Foundation - Newton Education Trust Scholarship - State Trustees (smartygrants.com.au)



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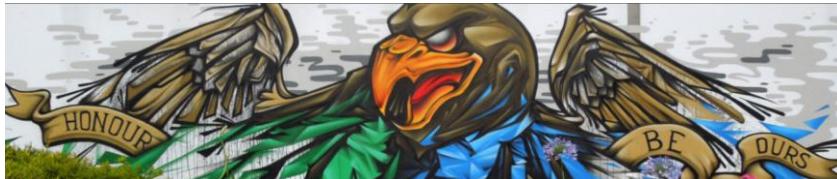


## STREET ART WORKSHOPS AT LATROBE YOUTH SPACE



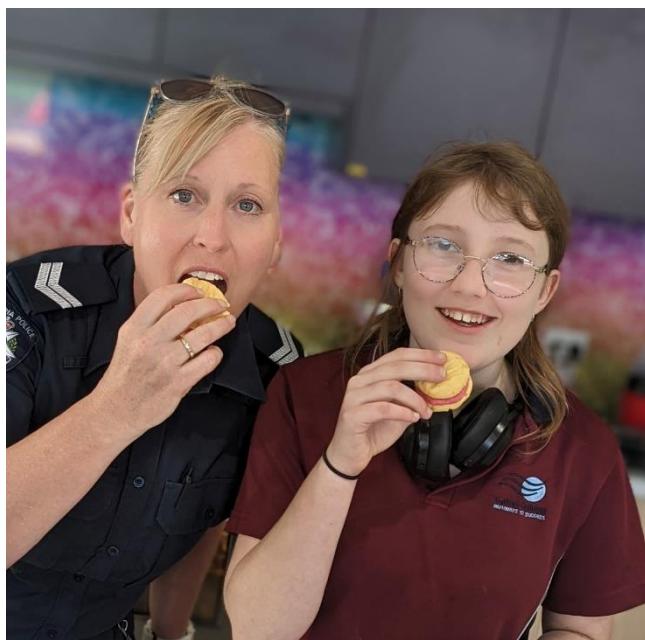
**Starting Friday November 25**

**Calling all Artists, Street Artists, and lovers of street art** The Fatcap Concept is coming to Latrobe Youth Space to deliver a series of Street Art Workshops. Facilitated by professional artists, participants will be instructed in the lawful use of spray-paint, learning skills and techniques to produce art pieces to be displayed at Latrobe Youth Space. An extension of the program into 2023 will see participants working alongside professional artists, as they design and paint a group mural on the exterior wall at Latrobe Youth Space. Workshops will operate fortnightly, and a booking is required to participate. Contact [hello@latrobeyouthspace.org.au](mailto:hello@latrobeyouthspace.org.au) for more information and to express your interest.

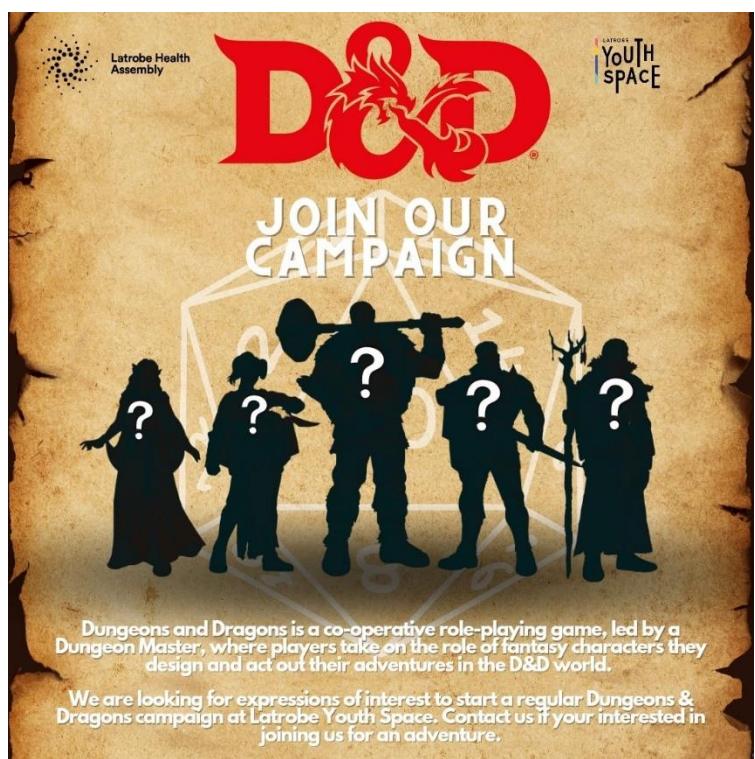


### YoYo with a PoPo

Every first Monday of the month, we get a special visit from our local Proactive Police Unit: Eyewatch - Latrobe Police Service Area, to share some tea and biccies. Come along and join in as we knock up a batch of YoYo's and have a good old yarn.



### COMING SOON!!



More info? Drop us a line at [hello@latrobeyouthspace.org.au](mailto:hello@latrobeyouthspace.org.au)

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Opportunity for kids & teens



## SHOWCASING THE CREATIVITY OF THE EMERGING GENERATION

Artists for Kids Culture (AKC) is inviting children aged 10 - 17 years old to get involved in creating a community arts TV show. Go behind the scenes and learn about television production or act in front of the camera!

**Learn more and register: [www.akc.org.au/artsbusTV](http://www.akc.org.au/artsbusTV)**

Participant & Volunteer registrations open: 1 September - 15 December 2022

Do you have an interest in community planning, film, production, or the arts as a whole? ArtBus is looking for more young people to get involved in their ArtBusTV project, with registrations closing on December 15.

Join us at Latrobe Youth Space as we assist in putting together episodes for their TV show project.

Next meeting is at Latrobe Youth Space on **Thursday, 12<sup>th</sup> December** at 4pm. You can register beforehand by following the link, or just come along and find out what's it all about.

## GARDENING GROUP

*Community Garden*



Projects to be done

**WEDNESDAYS**

- Scarecrow build project
- Sensory Garden project
- Worm farm build project
- Hot House build project
- Trellis build project

- Garden Art project (partnered with Arts & Crafts program)
- Vertical garden project
- Herb pots project

## D.R.U.M.B.E.A.T

Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts. DRUMBEAT incorporates hand drumming, behavioural therapeutic principles, and cognitive dialectical elements to achieve positive outcomes. And it's really good fun!

After a successful series of 'come and try' sessions, Youth Space is pleased to announce it will be hosting a 10-week DRUMBEAT program for up to ten young people aged 12-25 years, starting in Term#1, 2023.

If you would like to enrol for DRUMBEAT, contact us at [hello@latrobeyouthspace.org.au](mailto:hello@latrobeyouthspace.org.au) for more details.



## VAN RENO PROJECT – UPDATE

We are very excited to announce the Van Project is back! Latrobe Youth Space is working in collaboration with Newborough Men's Shed and Gippsland Trades & Labour Council, to renovate our 1978 Bedford Camper. Once finished, it will be used as temporary accommodation for youth experiencing homelessness or in crisis.

Currently operating **1pm–2.30pm on Tuesdays**. if you would like more information and would like to participate in this project, contact [hello@latrobeyouthspace.org.au](mailto:hello@latrobeyouthspace.org.au)



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## INFORMATION FOR YOUNG PEOPLE

If you're aged between 14 and 20 years old and are going through a tough time or just want to get more out of life we may be able to help you.

Thousands of young people have experienced our weekend workshops and support groups over the last 30 years and say they are life-changing.

Youth Insearch program was written by young people for young people and is run by young people.

It's all about getting the help you need from other young people just like you - who've experienced the same thing and understand exactly what you are going through.

We do this by getting away for weekends together and going to local support groups and talking about what's going on for us. Check out the video above to find out more about what happens at the weekend workshops and support groups.

All young people are welcome at Youth Insearch no matter what their background. We deal with a wide range of issues including:

- Problems at home
- Neglect
- Homelessness
- Domestic violence
- Drug and alcohol abuse and addiction
- Sexual, physical, and emotional abuse
- Grief and loss
- Self-harm and suicidal ideation
- Bullying
- Sexuality
- Low self-esteem

**To get involved, call us on 1800 805 635 (free call)**

Latrobe Youth Space  
Youth Insearch Support Group  
Mondays 4pm  
Info? [maree@latrobeyouthspace.org.au](mailto:maree@latrobeyouthspace.org.au)



For more information about the Youth Insearch Program you can check out the website:

[Youth Insearch Website](http://www.youthinsearch.org.au) [www.youthinsearch.org.au](http://www.youthinsearch.org.au)

or contact the Regional Coordinator Victoria

Liesel Albrecht – [liesel.albrecht@youthinsearch.org.au](mailto:liesel.albrecht@youthinsearch.org.au) (03) 5184 5614



Youth Insearch Foundation | Facebook

# November 2022

SUN	MON	TUE	WED	THU	FRI	SAT
30	31 Youth Insearch Final Leather Craft Workshop Halloween Movies	1 <b>PUBLIC HOLIDAY</b>	2 Garden Project Drumbeat	3 Social Sports	4 Drop In	5
6	7 Youth Insearch Yo-Yo with a Po-Po	8 Van Reno Project Kitchen Project Cooking Food Share Launch	9 Garden Project	10 Social Sports Coaster Making With Barb from Bunnings	11 Drop In	12
13	14 Youth Insearch	15 Van Reno Project Kitchen Project Cooking	16 Garden Project Drumbeat	17 Social Sports	18 Drop In	19 StigmaBeat Launch
20	21 Youth Insearch Art Workshop	22 Van Reno Project Kitchen Project Cooking	23 Garden Project Melbourne Boomers	24 Social Sports	25 Drop In Street Art Workshop	26
27	28 Youth Insearch Art Workshop	29 Van Reno Project Kitchen Project Cooking	30 Garden Project	1 Social Sports	2 Drop In	3
4	5 Youth Insearch Art Workshop	6 Van Reno Project Kitchen Project Cooking	7 Garden Project	8 Social Sports	9 Drop In	10

**YoYo With a Po-Po** - First Monday of the month, from 4pm - 5pm  
Victoria Police will host a session at LYS to make biscuits and have a chat at the space

**Art Workshop** - Through these workshops, local artis; PollyannaR will work with young people to explore creative ways of expression, through various mediums, allow participants to find their way and communicate their thoughts, feelings and stories.

**Kitchen Projects** - Involves a variety of activities where you can socialise and learn some valuable kitchen and life skills, or just have some fun in the kitchen and grab a feed.

**Van Reno Project** - We are renovating an old van with the help of the Newborough Men's Shed to be crisis accommodation for youth. it will be a complete DIY and we will learn all the skills and knowledge we need along the way.

**Garden Projects** - We have a great garden developing at Youth Space, which is maintained by youth and volunteers. There's a wide range of activities to keep busy in the garden. Produce grown in the garden is used in the kitchen and donated to young people to take home.

**DRUMBEAT** - LYS will be hosting a series of come and try DRUMBEAT sessions, led by a trained facilitator. DRUMBEAT is fun and interactive social activity that incorporates the use of Djembe drums. It's a fun activity that helps you 'find your rhythm'.

**Social Sports** - You'll get the opportunity to participate in a range of outdoor and indoor sports and activities, with focus on fun and forming positive relationships, in a safe and inclusive environment.

**Drop In** - Drop in is a chance to use the space as you wish, after all it is your space. come in, hang out, use the wifi, charge your phone, play some games or do some art. We are always happy to have you here.

## Have your say!



## Design a Program



## Follow us on socials

@LatrobeYouthSpace  
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For more information on our  
programs or how to get involved  
contact us:  
0484 777 972  
info@latrobeyouthspace.org.au